

COURSE DESCRIPTION

# W081 - Presentation Techniques - Performing and convincing successfully

### Course goal

Success depends significantly on our communication. Draw the consequences and perform professionally. Strengthen your verbal and nonverbal expression: competent, elegant, dynamic and relaxed! This will help you to act more confidently and communicate in negotiations, presentations or in personal conversations in a convincing and engaging way.

# Main learning objectives

Upon completion of the course, you will be able to

- Apply techniques of confident performance
- Construct speeches effectively
- Speak in a comprehensible manner
- Convince with personality, a good voice and decisive intonation
- Put yourself in focus in PowerPoint presentations
- Enhance your self-esteem in speeches
- Use humor to create a friendly appearance
- Deal with stage fright.

# Participant profile

Technical and managerial staff, scientists, development, marketing and sales personnel, project and product manager, consultants, etc. from clients and ABB companies

### **Prerequisites**

This course addresses women and men who want to improve their oratory skills.

#### **Topics**

- Confident performance: body language, gestures, speaking, voice
- Speech constructs
- Rhetorical devices
- Useful formulations for presentations and meetings
- Nervousness assets and drawbacks
- Presentation preparation

#### Course type

This is a face-to-face class room training with min. 6 and max. 12 participants.

## Learning methods and tools

The oratory skills training is based on elementary acting techniques, adapted to communication in the business world.

Short theory inputs are followed by a variety of practical exercises. You develop effective delivery skills and enhance your authentic demeanor in front of a group. A video camera will be used in some exercises to better compare self-image and outer perspective.

**Laptop** or tablet is required to have access to the e-documentation. Please bring your own device.

### Duration

2 days